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Legrosports, Inc.

Presents

The 19th Annual Starrett Cup

Sunday, January 15th 2012

Island Garden

45 Cherry Valley Avenue, West Hempstead, NY 11552

The 2012 ZEBRA TOUR

STARRETT CUP - January 15, 2012

PEDRO'S CHALLENGE - February 18, 2012

OCEAN STATE INTERNATIONAL- Date TBA

MORRIS CUP - June 2, 2012



Starrett Cup Registration Policy:

- Registrations must be postmarked by December 31, 2011.
 - Late registration - Saturday, January 14th (cash only).
 - NO REGISTRATION OR WEIGH-IN'S on Sunday, January 15th.
- NOTE: All junior & senior competitors must weigh in on Saturday January 14th.

Dear Fellow Coaches, Referees, Athletes and Family Members:

It is my pleasure to welcome you back for the 19th Annual Starrett Cup.

Here are some of the changes for this year...

1. We're back at our usual date- Dr. Martin Luther King, Jr. weekend.
2. Seniors will compete first.
3. The drawing and seeding meeting will be held on Saturday, January 14th at 5:30 p.m. at the tournament hotel.

As always, I welcome your thoughts and suggestions.

Thank you for your support.

Athletically yours,

Parnel Legros
Legrosports Judo

Mats used during the Starrett Cup will once again be provided by our friends at Zebra Mats.

The mats will be available for purchase after the tournament at a discount.

Also save big on shipping costs by picking up from the event.

For further information or to order, please call: 1-800-989-8085 or e-mail: info@zebramats.com.





19th Annual Starrett Cup



- Hosted by:** Legrosports, Inc.
- Sanction:** NEW YORK STATE JUDO, INC. & USA JUDO SANCTION #20-10111
- Date:** Sunday, January 15, 2012
- Location:** Island Garden, 45 Cherry Valley Avenue, West Hempstead, NY 11552
- Event Website:** www.Legrosports.com
- Eligibility:**
- Ages 5 and older
 - Must be a current member of one of the following: USA JUDO, USJF, USJA.
 - To participate in the masters divisions, competitors must be age 30 or over .
- Rules:**
- Modified double elimination.
 - Round robin in divisions of 4 or less.
 - Golden score for all matches.
 - No chokes in ages 12 & under.
 - No arm-bars in Junior and Senior under brown belt.
 - Modified IJF rule regarding mat area.
- Match Time:**
- 3 minutes - All juniors, novice senior and masters.
 - 5 minutes - Senior brown and black belts.
- Tournament Directors:**
- Parnel Legros: (914) 243-6259
 - Lou Balestrieri (631) 767-8052
- Equipment:**
- Mats provided by **Zebra Mats**.
 - Electronic scoreboards provided by **Legrosports, Inc.**
- Food:** -Will be available for purchase on site.
- Awards:**
- 1st, 2nd, 3rd place awards.
 - **\$250.00** cash prize money for winners of men's & women's elite divisions. A division must have at least 5 competitors to qualify for prize money. Competitors who desire to win money and who do not have enough competitors in their division may move up to the next weight class.
 - A competitor who places 1st in each of the 5 Zebra Tour Tournaments in the same division with a minimum of 5 competitors will win a **GRAND SLAM** prize of **\$1,000.00**.

**THE ZEBRA TOUR CONSISTS OF :
STARRETT CUP, PEDRO'S CHALLENGE, OCEAN STATE INTERNATIONAL AND MORRIS CUP.**

Tournament Hotel:

Holiday Inn Express
1 Sunrise Highway
Lynbrook, NY 11563
(516) 596-3000

Rooms are available with one or two beds.

Mention STARRETT CUP to receive the judo rate of
\$109.00 + tax.

Breakfast included.



19th Annual Starrett Cup



Tournament Check-In

- All athletes; Juniors, Seniors & Masters must check-in at the tournament hotel in person on Saturday, January 14, 2012 between 1:00 p.m. & 5:00 p.m.

Registration Confirmation

- In order to receive confirmation of your registration, include on the entry form, your e-mail address. You will receive an e-mail confirming the receipt of your application and requesting any additional information if needed.

Drawing And Seeding Meeting

- Coaches should try to attend the drawing and seeding meeting. The meeting will take place at the tournament hotel on Saturday, January 14, 2012 at 5:30 p.m.

**Registration & weigh-in for all athletes (juniors, seniors and masters) @ the Holiday Inn Express:
Saturday, January 14th 1:00 – 5:00 p.m.**

All competitors must weigh in on Saturday. No exceptions.

Entry Fee: - \$55.00 per participant, per division postmarked by December 31, 2011. Entry form must be fully completed & properly signed.

Late Registration: - Late registration: \$85.00 per participant, per division – cash only. Anyone wishing to register after December 31, 2011 may do so only on Saturday, January 14th.

There is NO LATE REGISTRATION on Sunday.

There is NO WEIGH-IN on Sunday.

NO CHECKS WILL BE ACCEPTED ON REGISTRATION DAY – CASH ONLY.

Walk-up Registration: - Late fee: \$85.00, per participant per division. Cash only.

Spectator Fee:- -Adult: \$5.00, Children 13 & over: \$3.00, Children 12 & under: free.

ENTRY FEES ARE NON-REFUNDABLE.

COACHES & REFEREES MEETING AT 7:30 A.M. SUNDAY, JANUARY 15, 2012 AT THE TOURNAMENT SITE

COMPETITION BEGINS AT 8:00 A.M. FOR ALL SENIORS.

COMPETITION BEGINS AT APPROXIMATELY 10:00 A.M. FOR ALL JUNIORS.

Make Checks Payable to: LEGROSPORTS, INC.

**Mail Entry/Waiver To: PARNEL LEGROS
P.O. BOX 292
YORKTOWN HEIGHTS, N.Y. 10598-0292
ATTN.: STARRETT CUP 2012**



19th Annual Starrett Cup Entry Form
Sunday, January 15, 2012



Last Name: _____ First Name: _____ Age: _____

Date of Birth: _____ Rank (Belt color): _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ E-mail: _____

Card: USA JUDO USJA USJF Card #: _____ Weight in Kilograms: _____ Kg

Club: _____ Club Phone: _____

Coach: _____

*****VERY IMPORTANT*****

CIRCLE THE DIVISION AND WEIGHT YOU WILL COMPETE IN.
ALL WEIGHTS ARE IN KILOGRAMS (weight in pounds divided by 2.2 equals weight in kilograms)

Note: Any junior competitor that surpasses the heavyweight category by maximum allowed cannot compete in that age category. The competitor may move to the next age category.

DIV. - JUNIOR NOVICE BOYS (WHITE & YELLOW BELTS)

- BOYS 5-6: 20kg, 23kg, 27kg, 27+kg up to 36kg
- BOYS 7-8: 20kg, 23kg, 27kg, 32kg, 37kg, 37+kg up to 46kg
- BOYS 9-10: 27kg, 32kg, 37kg, 42kg, 47kg, 47+kg up to 56kg
- BOYS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 58kg, 58+kg up to 67kg
- BOYS 13-14: 42kg, 47kg, 52kg, 58kg, 65kg, 65+kg up to 75kg
- BOYS 15-16: 55kg, 60kg, 66kg, 73kg, 81kg, 90kg, 90+kg up to 102kg

DIV. - JUNIOR NOVICE GIRLS (WHITE & YELLOW BELTS)

- GIRLS 5-6: 20kg, 23kg, 27kg, 27+kg up to 36kg
- GIRLS 7-8: 23kg, 27kg, 32kg, 32+kg up to 41kg
- GIRLS 9-10: 27kg, 32kg, 37kg, 42kg, 42+kg up to 51kg
- GIRLS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 52+kg up to 61kg
- GIRLS 13-16: 44kg, 48kg, 52kg, 57kg, 63kg, 70kg, 70+kg up to 82kg

DIV. - JUNIOR ELITE BOYS (OPEN TO ALL RANKS)

- BOYS 5-6: 20kg, 23kg, 27kg, 27+kg up to 36kg
- BOYS 7-8: 20kg, 23kg, 27kg, 32kg, 37kg, 37+kg up to 46kg
- BOYS 9-10: 27kg, 32kg, 37kg, 42kg, 47kg, 47+kg up to 56kg
- BOYS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 58kg, 58+kg up to 67kg
- BOYS 13-14: 42kg, 47kg, 52kg, 58kg, 65kg, 65+kg up to 75kg
- BOYS 15-16: 55kg, 60kg, 66kg, 73kg, 81kg, 90kg, 90+kg up to 102kg

DIV. - JUNIOR ELITE GIRLS (OPEN TO ALL RANKS)

- GIRLS 5-6: 20kg, 23kg, 27kg, 27+kg up to 36kg
- GIRLS 7-8: 23kg, 27kg, 32kg, 32+kg up to 41kg
- GIRLS 9-10: 27kg, 32kg, 37kg, 42kg, 42+kg up to 51kg
- GIRLS 11-12: 32kg, 37kg, 42kg, 47kg, 52kg, 52+kg up to 61kg
- GIRLS 13-16: 44kg, 48kg, 52kg, 57kg, 63kg, 70kg, 70+kg up to 82kg

DIV. - SENIOR NOVICE MEN (WHITE, YELLOW, GREEN)

- 60kg, 66kg, 73kg, 81kg, 90kg, 100kg, 100+kg

DIV. - SENIOR NOVICE WOMEN (WHITE, YELLOW, GREEN)

- 48kg, 52kg, 57kg, 63kg, 70kg, 78kg, 78+kg

DIV. - SENIOR ELITE MEN (BROWN & BLACK)

- 60kg, 66kg, 73kg, 81kg, 90kg, 100kg, 100+kg

DIV. - SENIOR ELITE WOMEN (BROWN & BLACK)

- 48kg, 52kg, 57kg, 63kg, 70kg, 78kg, 78+kg

DIV. - SENIOR MASTERS MEN (ALL RANKS)

- 30-39: 70kg, 81kg, 94kg, 94+kg
- 40-49: 70kg, 81kg, 94kg, 94+kg
- 50+: 70kg, 81kg, 94kg, 94+kg

DIV. - SENIOR MASTERS WOMEN (ALL RANKS)

- Light, middle, heavy

The Tournament Director reserves the right to make any changes he deems necessary to insure the safety and fairness to all competitors.

DIVISION: _____

AGE GROUP: _____

WEIGHT CATEGORY: _____

WARNING! WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE

In consideration of being permitted to participate in any way, including travel to and from, in any judo tournament, practice, clinic, and related events and activities of the USA Judo, United States Judo Federation, United States Judo Association, New York State Judo, Inc., Legrosports, Inc., The 19th Annual Starrett Cup, Island Garden, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor and/or a tournament official of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions or negligence, but also to the action, inaction or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive, discharge and covenant not to sue USA Judo, nor United States Judo Federation, United States Judo Association, New York State Judo, Inc., II, Legrosports, Inc. and Parnel Legros together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used to conducting the event, all of whom are hereinafter referred to as "releasee," from any and all claims, demands, losses, and damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

I HAVE READ THE ABOVE WARNING , WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.

Participant (please print name)

Participants Signature

Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and , for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warning and conditions and their ramifications.

Parent/Guardian (please print name)

Parent/Guardian's Signature

Date

CERTIFICATE REGARDING NON-BLACK BELT CONTESTANTS

I _____, A judo instructor, who has been awarded the Judo rank of Shodan or higher, recognized by USA Judo, USJA and/or USJF hereby certify that the above contestant, although not having been awarded the Judo rank of Shodan or higher, is of sufficient aptitude and skill in Judo to compete in these championships.

A copy of my proof of rank (rank certificate or my USA Judo membership card having the verification symbol "(V)" printed following my rank) is attached.

Signature of Judo Instructor

RANK